

What is a carer?

A family member, friend or neighbour who provides regular care, support and assistance to a frail person living in the community and does not receive payment other than pension or benefits.

How can The Caring Café help?

Carer respite gives carers a break by enabling the carer to give the responsibility of care to **The Caring Café** staff, giving them valuable time out for leisure and everyday tasks.

The Caring Cafe provides flexible carer respite. Carers have the option of accessing respite services that are **centre based** or **in-home respite**.



INNER EAST COMMUNITY
HEALTH SERVICE



Please feel free to call our staff for a confidential discussion about your needs.

Intake Officer

Ph: 9427 1404

Fax: 9427 1543

Website: www.iechs.com.au

283 Church Street, Richmond

The *Caring*
café

A Carer Support Service



283 Church St, Richmond

The Caring Café is...

A support service for carers. We offer both **centre based** and **in-home social respite care**.

The Caring Café is managed by Inner East Community Health Services. The program is a Commonwealth funded program known as **The National Respite for Carers Program**. The Caring Café provides support to carers of people who are aged and/or frail and are dependent on family and neighbours for assistance.



Features of our Client Services

- Experienced and appropriately qualified staff
- Clients are encouraged to participate in our daily activities program which include board games, bingo, bus outings, exercise classes and special classes such as music therapy and art therapy
- All meals provided
- Direct access to Medical, Allied Health and other well being services



Features of our Carer Services

- Initial home assessment
- Flexible hours of service
- Counselling support services including education
- Access to flexible transport services
- Professional advice

Fees/ Charges

In accordance with the Victorian Community Care (HACC) fees policy (2006) and income thresholds are indexed annually.



The Caring Café operates Monday to Friday, not including public holidays.

