

FEES/CHARGES

In accordance with The Victorian Home and Community Care (HACC) Fees policy, 2006. Fees and income thresholds are indexed annually

All clients will need to complete an Income Self-Declaration Form for fees to be determined. (Low Fee \$6.20 per day, High Fee \$10.90 per day). Fee Reduction/Waiver is an option provided to clients.

CARERS RESPITE PRIORITY IS GIVEN TO

- People who are full time carers
- Working carers and carers who have additional responsibilities such as young children as well as elderly family members.
- Carers or clients financially disadvantaged or from culturally diverse backgrounds.
- Carers, caring for people with memory loss, challenging behaviours, and or with special needs.
- Carers who may not have accessed any other type of services.



For referrals or further information call;

The Caring Cafe

Program Co ordinator

Phone 9427 1404

273 Church Street, Richmond 3121

email: debra.coddington@iechs.org.au

website: www.iechs.com.au

fax: 9427 1543



*The Caring
Cafe*
A Carer Support Service

273 - 283 Church St, Richmond

The **Caring Café** is part of our Residential Aged Care Service managed by Inner East Community Health Service. The program is a Commonwealth funded program known as “The National Respite for Carers Program”. The Caring Café provides support to **carers** of people who; are aged and are dependent on family and neighbours for assistance, with memory loss or challenging behaviours, special needs or from culturally diverse backgrounds or financially disadvantaged.

By sharing facilities and activities with Sir Eric Pearce House and Yarra Health Service, we have developed a flexible day care program for people living in the community with a **carer**. The hours of care and respite are adjusted to suit the personalised needs of each carer. The service gives **carers** “time out” for leisure and everyday tasks.



A CARER IS DEFINED AS:

- A person such as a family member, friend or neighbour who provides regular care, support and assistance to a person living in the community without payment other than pension or benefit.
- The carer usually does tasks for the client such as help with personal care, assist with telephone and transport for medical and other appointments, shopping for groceries etc
- The carer’s role can be shared among a group of family members or members of the community. The primary carer does not need to live with the care recipient to utilise respite.

WHAT IS “CARERS RESPITE”?

The impact of supporting people and providing full time care, in our community can strain the **carers’** health and wellbeing.

“**Carers Respite**” gives **carers** a break by enabling the **Carer** to give the responsibility of care to “The Caring Café” staff.

The Caring Café operates from Monday to Friday but not on public holidays.

FEATURES OF OUR CARERS SERVICES

- Initial home assessment.
- Flexible hours of service.
- Experienced and appropriately qualified staff.
- Counselling support services including education.
- Access to flexible transport services.
- Direct access to Medical, Allied health and other well being services.
- Links to other support services



Client services are:

- A two course lunch
- Regular weekly bus outings
- Music, Movies and social chat
- Board games, cards and bingo
- Guest speakers and information
- Exercise class
- Hairdresser
- Podiatrist
- Medical/Nursing
- Pastoral Care
- Eats/ Treats
- Arts/ Crafts